

WEEKLY

MENU

Snaresbrook Prep School - Week 3



Monday

Tuesday

Wednesday

Thursday

Friday

MEDITERRANEAN MAGIC

ZESTY MIX-UP DAY

ROAST & COMFORT

Anatolian Day

GRAB & GO

Creamy Tomato & Pesto Pasta Baked

Fiery Piri Piri Chicken

Roast Chicken with Sage & Onion Stuffing & Gravy

Tender Lamb, Aubergine & Pepper Stew

Build Your Own Loaf

Roasted Vegetable Frittata

Lentil Sweet Potato Dhal

Vegan Cumberland Sausages with Stuffing & Gravy

Chickpeas & Vegetable Stew

A Selection of Fillings Chicken, Ham, Tuna Mayonnaise, Cheese

Sweetcorn

Lemon & Thyme Sauteed Green Beans

Honey Glazed Carrots

Broccoli Trees

Seasoned Potato Wedges

Fresh Baked Bread

Seasoned Rice

Rosemary & Thyme Roast Potatoes

Tomato Flavoured Rice

Selection of Salad

Apple & Cinnamon Crumble served with Custard

Zesty Orange Cake

Carrot Cake

Rice Krispie cake

Fruity Friday

Available daily

Freshly Baked Bread, Seasonal Salad Bar, Fresh Fruit & Yoghurt.